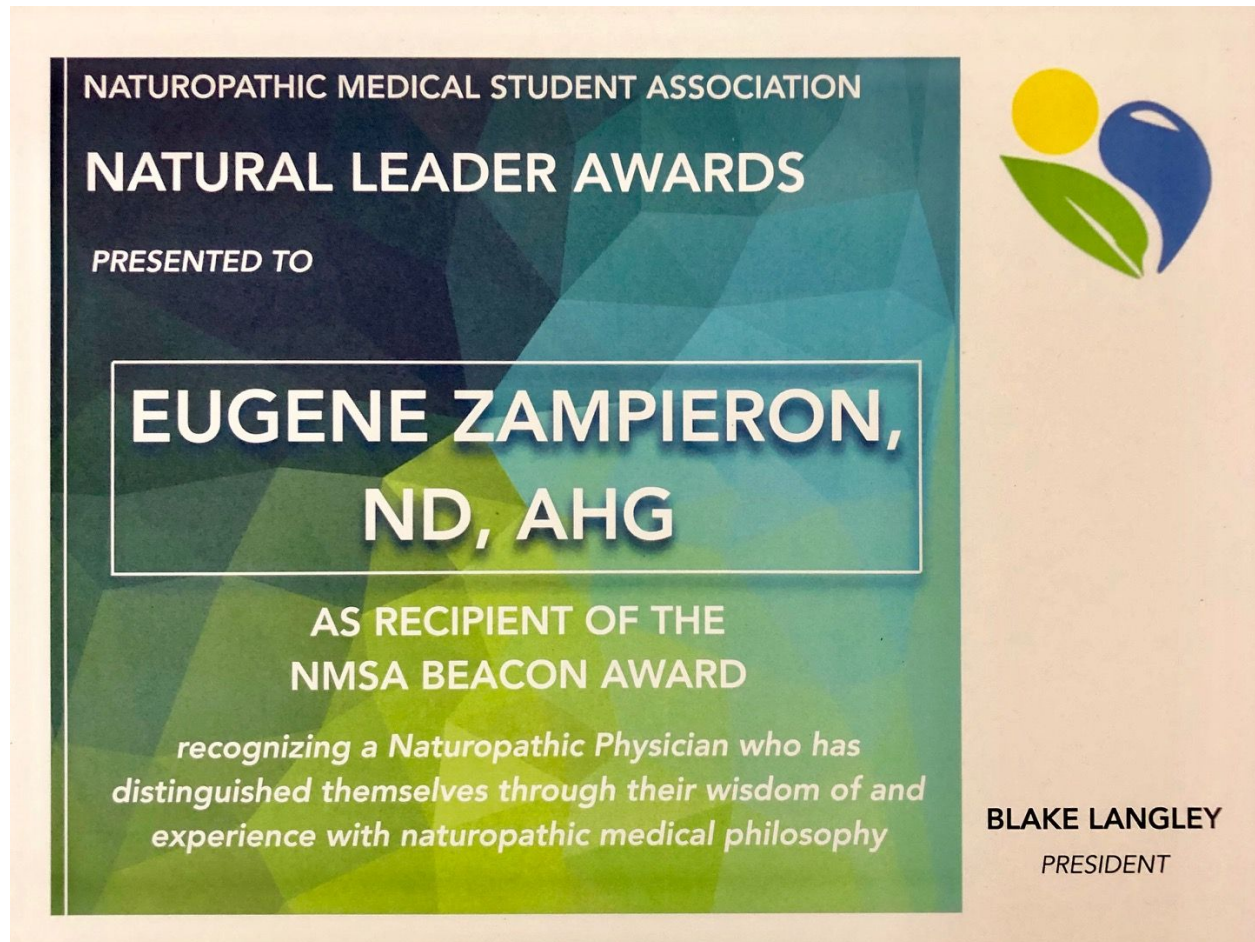


**Dr Eugene R Zampieron, ND,RH(AHG) wins the national  
Naturopathic BEACON AWARD**



The national Naturopathic Medical Student Association {NMSA} Beacon Award was given to Woodbury naturopathic physician Dr Eugene R Zampieron at the American Association of Naturopathic Physicians conference in Portland, Oregon in August 2019.

The NMSA Beacon Award recognizes a Naturopathic Physician who has distinguished themselves through their wisdom and experience with naturopathic medical philosophy.

Dr Zampieron is one of the founding fathers of the University of Bridgeport's Naturopathic Medical school, where he is the senior-most clinical & academic faculty member. He sees patients at the University of Bridgeport clinic and at his private practice in Woodbury CT.

**Naturopathic medicine** is a primary health care system that encourages the body's self-healing process through the use of **natural** therapies drawing on both traditional healing methods and modern **medical** science. This **philosophy** blends the **natural** world with cutting edge technology and research.

Naturopathic medicine is dedicated to the study and celebration of nature's healing powers. It is as old as healing itself and as new as today's medical breakthroughs. It is a dynamic philosophy as well as a profession that recognizes the interconnection and

interdependence of all living things. It utilizes the most natural, least invasive and least toxic therapies to treat illness and to promote wellness by viewing the body as an integrated whole. Naturopathic medicine is defined by principles rather than by methods or modalities. Above all, it honors the body's innate wisdom to heal.

## Naturopathic Philosophical Principles

Naturopathic physicians practice the six fundamental principles of naturopathic medicine:

***The Healing Power of Nature***

Trust in the body's inherent wisdom to heal itself.

***Identify and Treat the Causes***

Look beyond the symptoms to the underlying cause.

***First Do No Harm***

Utilize the most natural, least invasive and least toxic therapies.

***Doctor as Teacher***

Educate patients in the steps to achieving and maintaining health.

***Treat the Whole Person***

View the body as an integrated whole in all its physical and spiritual dimensions.

***Prevention***

Focus on overall health, wellness and disease prevention.

DrZ working with Students, University of Bridgeport school of Naturopathic medicine

