



CHINESE HERB WALK & CULTURAL EXPERIENCE

Dates: Sunday June 11th 2023 & Sunday Sept 24th, 2023

Time: 11:00 am- 4:00pm

- * Do QI GONG in Chinatown's Columbus Park ...**
- * Experience Chinese tongue and pulse diagnosis...**
- * Visit museums and herbal apothecaries...**
- * Learn about Chinese medicine and its theories ...**
- * Spend a magical day in “another country” in NYC!!!!**

Your instructors are experienced health care practitioners and herbalists who have been leading this tour since 1992.... Over 30 years!!!!

Instructors: Eugene Zampieron, ND , AHG and Ellen Kamhi PhD RN, AHG
"DrZ...Naturally" The Natural Nurse®
www.drznaturally.com www.naturalnurse.com

Cost: \$55.00

**we take credit cards, checks, and can accept VENMO
(Lunch is on you)**

To register & receive your detailed itinerary and other information, send us an email at DrZnaturally@gmail.com

or mail a check made out to:

Natural Alternatives,

413 Grassy Hill Road Woodbury, CT 06798

**or Call DrZ at 203 263 2970 for other payment arrangements
and any details**

for more information Visit

<http://www.naturalnurse.com/chinatown-herb-walk>